











A Checklist for a Sound Start By 30 months of age . . .

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|  My child uses 300 or more words | YES | NO |
|  My child is beginning to use grammar like “I” correctly and plurals (“ <i>two dogs</i> ”), words ending with “ing” (“ <i>dog eating</i> ”) and words like “a” or “the” (“ <i>a tree</i> ”) | YES | NO |

Number of times you checked ‘NO’

If you answered 'NO' to one or both questions,
please consider a referral to the Nova Scotia Hearing and Speech Centre nearest you.

 People outside the family understand my child about 50-75% of the time	YES	NO
 My child understands simple concepts of “big/little, stop/go, up/down”	YES	NO
 My child says consonant sounds at the start of most words	YES	NO
 My child combines several actions in play (e.g., puts blocks in train, then drives the train, then drops the blocks off; feeds doll, covers her with a blanket and puts her to sleep)	YES	NO
 My child uses questions with “what” and “where”	YES	NO
 My child is starting to take turns with other children and sometimes offers a toy to another child	YES	NO

Number of times you checked ‘NO’

If you answered 'NO' to 3 or more questions, please consider a referral to the Nova Scotia Hearing and Speech Centre nearest you.

How to Make a Referral

A parent/guardian may make a referral to the Nova Scotia Hearing and Speech Centre nearest your community by filling out a referral form or by contacting the nearest centre directly. NSHSC has an open referral policy meaning a doctor's referral is not necessary.

~ These services are available at no cost to Nova Scotia preschool children who have a valid NS Health Card. ~

[Click here](#) to find a centre near you

Toll Free: 1-888-780-3330

 *Pour communiquer avec quelqu'un en français, s.v.p. appelez le (902) 464-5001.*